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Keeping Your Child Safe Online

Dear Parents and Carers,

As children and young people spend more time online, ensuring their safety in the digital world is more important than ever. At Bridgewater Primary School, we are committed to supporting students in developing safe and responsible online habits. We encourage you to engage in conversations with your child about their online activities and take proactive steps to help them stay safe.

Key Online Safety Tips:

- **Talk to your child** Encourage open discussions about their online experiences and any concerns they may have.
- Set boundaries Agree on screen time limits and ensure appropriate content filtering is in place.
- Monitor activity Keep an eye on the apps, websites, and social media platforms your child uses.
- Educate about online risks Discuss cyberbullying, online grooming, and the importance of privacy.
- **Use parental controls** Apply controls on devices, broadband services, and social media accounts to help manage content access.

Useful Online Safety Resources:

To assist you further, we recommend the following trusted UK-based websites:

- NSPCC Online Safety (www.nspcc.org.uk/keeping-children-safe/online-safety)
- ThinkUKnow (National Crime Agency) (<u>www.thinkuknow.co.uk</u>)
- UK Safer Internet Centre (<u>www.saferinternet.org.uk</u>)
- Internet Matters (www.internetmatters.org)
- Childnet (www.childnet.com)

If you have any concerns about your child's online safety or would like further advice, please do not hesitate to contact Mr Tien-Rhimes via the school office.

Thank you for working with us to ensure our students stay safe, both online and offline.

Best regards,

Mr Tien-Rhimes Deputy Headteacher Bridgewater Primary School













